

Sonho do Mar



MENU

hot & cold beverages

tea

black	50
milk	70
masala	80
lemon	60
mint	60
assam organic	80
darjeeling organic	80
ginger lemon honey	90
hot ginger water	90

coffee

we serve organic coffee and espresso

black <i>(served in a french press)</i>	180
nes coffee black	100
cappuccino	180
espresso	100
irish coffee <i>(with whisky & whipped cream)</i>	250
Milk Coffee	150
iced coffee	150
hot chocolate	150

fresh juices

a-b-c (apple-beetroot-carrot)	220
papaya-lemon	
watermelon-lemon-mint	
pinapple-ginger-orange	
mixed fruits	
carrot/ mango/ orange/ pinapple	
banana/beetroot/ papaya/	
tomato/ watermelon	

lassies/milkshakes

plain/ sweet/ salty	150
banana/ mango	160
orange/ papaya/ pinapple/apple	190
strawberry & mint	190
mixed fruits	190
lemon & mint	150
cardamon & lemon	150
chocolate	170
vanilla	170
coffee	180
coconut	170
vanilla & coconut	190
cashew nut	220

soft drinks

bottled table water	30
soda/ coca cola/ fanta/ sprite/ maaza/ limca	30
diet coke	100
lemon soda	60
lemon mint soda	80
tonic water	100
apple fizz	100

homemade lemonades

<i>served in a 0,5l carafe</i>	240
mint & lemon	
lemon ice tea	
ginger lemon honey	
orange ginger lemon	
cranberry lemon	

Sonho do Mar

breakfast

set breakfasts

indian (baji & puri) <i>indian breakfast w. peas and potatoes, served w. deep fried balloon bread</i>	220
english <i>mushrooms, baked beans, grilled bacon or sausage and tomatoes, egg dish of your choice</i>	350
continental <i>yak cheese, mozzarella & tomatoes, boiled egg, homemade jam, nutella, bread</i>	350
swiss <i>potato rosti, topped w. melted cheese, crispy fried bacon, sour cream & fried eggs</i>	350
hash brown <i>fried potatoes, grilled onions, peppers, tomatoes, chillies, fried eggs, toast & butter</i>	300

bread

baguette	110
toast (2 slices)	50
brown bread (2 slices)	80
french toast (2 slices)	150

toppings

butter	40
jam	60
honey	40
peanut butter/nutella	90
bacon/ crispy fried bacon	220
yak cheese	200
mozzarella & tomatoes	200

fruits & cereals

fruit platter	280
fruit salad	190
... w. coconut	220
... w. curd & honey	250
muesli w. milk	190
... with fruits, curd & honey	290
cornflakes w. milk	170
... with milk, banana & honey	190
... with milk, banana & cocoa	190

porridge

plain	150
... w. banana	180
... w. coconut/cashews	200
... w. honey/ cinnamon & honey	190

milk rice pudding

plain	150
... w. banana/ cardamom & cinnamon	180
... w. nuts & dried fruits	200
... w. coconut/ cashews	200

pancakes

plain	150
... w. lemon/ cinnamon/ honey	180
... w. banana/nutella/coconut	220
... w. mixed fruits	220

eggs (2 eggs, served w. toast & butter)

boiled	120
fried	150
scrambled	160
omelett plain	150
... w. tomato/onion/cheese/masala	220
... w. mushrooms/bacon	290
... greek w. feta cheese	320
... w. prawns	350

snacks & starters

grilled toasties	200	Peanut masala	220
cheese & grilled veg		<i>Fried peanut, chopped tomatoes, onions, cucumber, chilli & coriander with chat massala</i>	
cheese & olives		cauliflower fritters	250
cheese & tomato		<i>with garlic mayonnaise</i>	
cheese & tuna		chilli fried	
fried egg, tomato & onion		chicken	330
mozzarella, tomato & basil		calamari	350
		prawns	350
baguette sandwiches		momos	
<i>(served with french fries & salad)</i>		<i>8 dumplings, deep fried, steamed or kothey (steamed and then fried on the bottom)</i>	
cheese & tomato	250	veg	250
fresh tuna, olives & onions	280	chicken	290
grilled veg	250	seafood	320
humus, lemon & fried garlic	280	biryani	
mozzarella, tomato & basil	280	<i>fried rice with masala, cardamom, cinnamon, bayleaf</i>	
omlette, cheese, tomato & olives	290	veg	280
club sandwich	350	chicken	300
<i>with crispy fried bacon, chicken breast and fried egg, served with chips and a little salad</i>		fish	350
Masala fry / Rawa fry		hongkong noodles	
Prawns	490	<i>soy sauce stirred thin noodles w. grated veg</i>	
King fish	490	veg	250
Calamari	490	chicken	300
bruschetta	220	beef	350
<i>toasted bread slices with chopped tomatoes, garlic & olive oil</i>		pakorras	
finger chips	200	<i>8 deep fried chickpeas flavour dumplings</i>	
<i>french fries served with ketchup or mayonnaise</i>		veg	250
hommus	270	chicken	280
<i>with crispy fried garlic and lemon, served with garlic naan & salad</i>		paneer	280
avocado mousse (seasonal)	300	manchurian	
<i>home made with chopped tomatoes, lemon & fresh coriander, served with plain naan</i>		<i>deep fried w. ginger, coriander, garlic & chilli</i>	
		veg	270
		chicken	300
		mushrooms	280
		prawns	320

Soups

tomato soup	150
chicken noodle soup	170
Hot and sour soups	160
spicy dhal and carrot soup	160
carrot ginger soup	160

Hot and sour soups

... veg	220
... chicken	250
... seafood	280

Jhol Momos

*8 nepalese dumplings,
served deep fried, steamed
or kothey (steamed and after
fried at the bottom)*

... veg	290
... chicken	300
... seafood	350

salads

tuna chickpeas salad	300
<i>tuna, chickpeas, red and yellow pepper & chopped onions in a creamy dressing</i>	
yam salad	350
<i>sweet potatoes, carrots, chickpeas, raisins, cashew nuts & onions in a peppery dressing</i>	
mixed salad	220
<i>lettuce with onions, cucumber & tomatoes and peppers</i>	
greek salad	320
<i>mixed salad w. feta cheese & olives</i>	
caprese salad	280
<i>mozzarella, tomatoes & basil with balsamic vinegar & olive oil</i>	
roasted veg salad	280
<i>roasted eggplants, peppers, onions, tomatoes & basil</i>	
prawns salad	350
<i>tomatoes, peppers, green lettuce, onions and grilled prawns with garlic-lemon-oil</i>	
calamari salad	320
<i>lettuce with tomatoes, cucumbers and grilled calamari and thousand island dressing</i>	
fresh tuna avocado salad	390
<i>sliced avocado with tomatoes and grilled tuna marinated in garlic-mustard-lemon-oil</i>	
avocado spinach salad	390
<i>blanched spinach with avocado slices, tomatoes and pomegranate in a balsamic vinaigrette</i>	

sizzler

grilled items in a meat sauce, served in a hot pan, served w. chips

... chicken	420
... fish	450
... seafood	450
... beef	450
... veg	390

fajita

items marinated in orange sauce, served in a hot pan, served w. sour cream, fresh chillies, tomato-onion-chutney and naan

... chicken	420
... fish	450
... seafood	450
... beef	450
... veg	390

pasta

spaghetti or penne

cashew pesto	320	spinach	290
aglio olio	250	<i>baby spinach w. garlic and oliveoil, topped w. cheese</i>	
tomato sauce	250	caprese	320
prawns	350	<i>oliveoil and fried garlic w. fresh tomatoes and mozzarella cheese on top</i>	
<i>white wine sauce w. garlic, ginger & prawns, topped w. fresh coriander</i>		calamari	350
tuna	300	<i>lemon garlic fried calamari w. olive oil and parsley</i>	
<i>fruity tomato sauce w. garlic-fried tuna pieces</i>		lasagne	
kingfish	350	... veg	300
<i>lemon-garlic fried kingfish pieces w. olive oil and parsley</i>		... bolognese	380
		...Chicken	350

dear guests. we do not serve fast food.

we serve fresh home made food as fast as we can.

we wish you a pleasant stay and hope you enjoy your food.

vegetarian

palak paneer	300	vegetable kurma	290
<i>cream cheese cubes with spinach</i>		<i>boiled vegetables in a creamy sauce, topped with coconut grates</i>	
alloo gobi	300	mushroom masala	290
<i>cauliflower & potatoes in a spicy sauce</i>		<i>mushrooms in a spicy onion and tomato sauce</i>	
dal	220	okra masala	280
<i>spicy lentils fried with onions & garlic topped with fresh coriander</i>		<i>ladyfingers fried in a spicy coconut-tomato sauce</i>	
veg kadai	270	malai kofta	300
<i>mixed veg boiled in a creamy red masala sauce</i>		<i>paneer-potato-balls topped with a fruity cashew nut sauce</i>	
paneer kadai	300	paneer masala	300
<i>paneer cubes, cooked in a green pepper, onions, garlic tomato masala (spicy or mild)</i>		<i>cream cheese & vegetables in a spicy sauce</i>	
Mutter paneer	300	bombay potatoes	280
<i>deep fried cream cheese with chopped tomato, garlic and chilly in a tomato sauce, topped with fresh coriander</i>		<i>fried potatoes w. onions, tomatoes, chilli, tumeric & fresh herbs</i>	

fish & seafood

catch of the day		prawns masala	320
<i>ask the waiter and have a look at our special barbecue & tandoori menu)</i>		<i>prawns in medium spiced tomato-garlic-onion sauce</i>	
fish kadai	320	prawns vindaloo	320
<i>fish fried in a coconut masala sauce</i>		<i>prawns with spicy red chilli sauce</i>	
fish vindaloo	320	stuffed calamari	490
<i>choice of fresh fish with a spicy sauce made of red chillies & vinegar paste</i>		<i>stuffed calamari with prawns, celery, garlic & butter, served in a spicy gravy</i>	
machi ki kadi	320	king fish or tuna steak	490
<i>fish curry</i>		<i>grilled king fish steaks with a lemon-garlic-oil sauce, served with chips and salad</i>	

chicken & beef

chicken curry	300	chicken 69	350
<i>chicken marinated in spices and cooked in a curry sauce</i>		<i>thin sliced chicken chilly fried with garlic, onions an pepper, served with sour cream and naan</i>	
chicken kadai	310	lemon grilled chicken	350
<i>chicken marinated in home made spices, cooked in a creamy tomato, pepper onion masala sauce</i>		<i>choice of breast and leg grilled with a lemon garlic sauce</i>	
chicken kurma	300	beef steak	490
<i>chicken in a creamy sauce, topped with chopped fruits</i>		<i>grilled beef steak prepared as you like to (butter garlic/pepper sauce/cheese & rum topping/ herbal butter/...)</i>	
chicken tikka masala	350	beef nepalese style	380
<i>chicken marinated in a special tandoori paste made of curd and spices cooked in a masala sauce</i>		<i>thin sliced beef, chilly fried with garlic, onions an pepper, served with sour cream and naan</i>	
chicken shagwala	320		
<i>chicken marinated in a garlic paste and spices, cooked with spinach</i>			

nepalese thali

served with dal, rice, salad & papadam

beef	490	fish	490
chicken	450	veg	420

Fried Rice

...Veg	280
...Chicken	310
...Sea Food	350

tandoori

*we serve the following items done in the tandoori, the traditional indian clay oven;
all dishes are served with chips and salad*

you can choose between 3 different tandoori marinades

... traditional red tandoori (curd, chillies, special spices)

... mint (curd, mint, lemon, chillies, spices)

... malai (cashews, lemon, curd, spices)

seafood (price per size)

... ask for the catch of the day

... king fish

... lobster (on demand)

... crab (on demand)

... calamari

... prawns (king, tiger, jumbo)

... snapper

... tuna

chicken (half/full)

380/700

chicken tikka

350

vegetable

... mixed vegetable tikka

350

... mushroom tikka

350

... paneer tikka

350

tandoori specials

seafood platter

1000

kingfish, calamari, tuna, prawns, grilled in the tandoori oven

irani kebab (veg/chicken/seafood)

350/380/390

items marinated a home made spiced cashew cream, grilled in the tandoori oven

mint tikka (veg/chicken/seafood)

350/380/490

items marinated a home made fresh mint, chilli, curd cream, grilled in the tandoori oven

fish achari kebab

700

*several fish pieces, marinated in a fresh lemon sauce with local pickles and curd,
grilled in the tandoori oven*

laffa (veg/chicken/fish)

350/380/390

naan bread, stuffed with items, marinated in the traditional tandoori sauce

tandoori platter

990

veg, chicken, seafood items, marinated with 3 different tandoori sauces (mint, malai, traditional)

side dishes

plain rice	60	potatoes mashed	200
rice w. coriander and chilli	80	potatoes roasted	200
zeera rice <i>rice w. cumin</i>	80	olives	200
roti cheese	70	boiled vegetables	200
naan plain	70	grilled vegetables	230
naan butter garlic	90		
naan cheese	120		
roti plain	30		
roti butter garlic	50		

desserts

hello to the queen	220
rum flambéd pineapple w. cinnamon	200
ice cream w. mixed fruits	200
banana fritters w. honey (with ice cream + 20 Rs.)	200
fresh pineapple w. mintsugar	190

drinks

beer

kingfisher small/large	100/190
Heineken	170
tuborg small	120
budweiser small	130
kings	150
Corona	200
Hoegaarden	200
Bira White	170
Bro code	220
Ultra	120

spirits (prices per 60 ml)

vodka romanov	120
vodka smirnoff	190
vodka smirnoff espresso	190
bacardi rum (white rum)	190
old monk (dark rum) 7 years	120
old monk (dark rum) 12 years	200
Whisky blenders pride	150
honey bee (brandy)	150
whisky royal stag	150
whisky signature	150
whisky black & white	300
whisky jonny walker red label	450
whisky teachers	300
Whisky black label	600
gin blue riband	150
gin bombay saphyr	400
tequila	400
cashew fenny (local spirits)	100
coconut fenny (local spirits)	100
Whisky royal challenge	100
Whisky mc dowells	100

breezers (barcadi)

cranberry, lemon, orange, tropical	200
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wine/ champagne

(price per bottle)

brut méthode champagnoise (sula vineyards)	2000
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dry, well balanced champagnoise - fits perfectly to seafood

red

la reserve (grover vineyards)	1800
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deep ruby red wine with a full bouquet

merlot (big banyan)	1500
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with blackberry aromas - balanced, spicy

shiraz (big banyan)	1500
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fruity full bodied with a touch of red berries

cabernet sauvignon (big banyan)	1500
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deep ruby red dry full bodied, good structure and velvety tannins

cabernet sauvignon (sula vineyards)	1800
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deep ruby red dry full bodied, good structure and velvety tannins

rosé

rosa rossa (big banyan)	1500
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intense bouquet of berries and cherry, light bodied

white

sauvignon blanc (big banyan)	1600
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dry wine with a smooth finish

sauvignon blanc (sula vineyards)	1800
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highly aromatic, floral, dry wine with a touch of spices

chenin sauvignon blanc (sula mosaic)	1400
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fruity with a touch of grapefruit

Port wine / per Glass	250
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cocktails

screw driver	300	rum punch	300
<i>fresh orange juice shaken with vodka & lemon</i>		<i>white rum, fresh pineapple & orange juice, grenadine</i>	
orange blossom	300	margarita	400
<i>fresh orange & lemon juice with gin</i>		<i>tequila, fresh lime & triples sec, brown sugar in crushed ice</i>	
ladies delight	300	piña colada	320
<i>dark rum & fresh pineapple juice</i>		<i>white rum, coconut milk, pineapple juice, crushed ice</i>	
tequila sunrise	400	cuba libre	300
<i>fresh orange & pineapple juice, tequila and grenadine</i>		<i>dark & white rum, lemon juice & coke</i>	
annurock	300	nepalis choice	450
<i>dark rum with fresh lemon & pineapple juice, honey & crushed ice</i>		<i>Tequila, vodka, orange pineapple juice, mint and crushed ice</i>	
mai tai	400	bikers' dream fizz	300
<i>tequila & dark rum, sour mixed with grenadine, orange & pineapple juice</i>		<i>vodka, mazza, lemon & soda</i>	
mojito	320	gin & tonic	250
<i>white rum with mint, brown sugar & lemon soda in crushed ice</i>		<i>gin, tonic, ice cubes and a slice of lemon</i>	
long island ice tea	400	gin (bombay saphyr) & tonic	500
<i>white rum, tequila, vodka, gin, lime & coke</i>		<i>gin bombay saphyr, tonic, ice cubes and a slice of lemon</i>	
mountain ice tea	300	vodka & tonic	250
<i>dark rum, vodka, gin, lemon & coke</i>		<i>vodka, tonic, ice cubes and a slice of lemon</i>	
feel love	350	sex on the beach	300
<i>Vodka, fenny, watermelon lemon mint juice and ice</i>		<i>vodka, rum, grenardine & fresh orange juice</i>	
beena special	400	Bullfrog	500
<i>Tequila, vodka, lemon mint soda, cranberry juice</i>		<i>Gin, vodka, rum, tequilla, blue, curaçao ,red bull, lemon juice.</i>	
Blue Margarita	400		
<i>Tequila, blue curaçao, lime</i>			

Sonho Do Mar Special Menu



Caeser salad	380
Fate watermelon salad	380
Mushroom cheese kurkure	350
Chilly honey potatoes	320
Slami without Bread	250
Sausage Fry	
<i>(Chicken/ Beef / Pork</i>	150/200/200
Chicken lollipop	500
Richardo Fry	
Prawns / chicken / Fish /	500/400/500/500
Vegetable kurkure	300
Chicken cheese filters	350
Chicken kurkure	350
Chicken meat ball	350
Pepper chicken	400
Chicken Schnitzel	380
Fish finger	400
Fish and chips	400
Prawn tempura	400
Kebab	
Vegetable	450
Chicken	450
Fish Tikka	490
Fish Malai Tikka	490
Chicken haryali Kebab	380

